

Cynthia's Testimonial



Cynthia with Kim (left) and Kathryn (right) at NL Balance & Dizziness.

"After being discharged from the Miller Centre in May I had my final surgery and was cleared to weight bear on my right leg. Due to Covid-19 restrictions, the Miller Centre was not able to accept any outpatient clients at that time. Being from out of town and not knowing the facilities available that could accommodate me with my injuries I started looking for private physiotherapy locations around St. John's. The locations I contacted said they did not have the equipment required to work with someone with my injuries. To my surprise one of the locations told me about NL Balance & Dizziness Centre and said they were probably the only place in town that could help me. I made the call and my journey back to walking again began.

The staff were a pleasure to deal with and the two physiotherapists that I got to work with were the absolute best. From the first day when I arrived at NL Balance & Dizziness Centre in a wheelchair, until my program was completed, I received top notch physiotherapy along with positive feedback. Never was it suggested that I would not be able to accomplish my goals and my therapists were just as excited as I was when I did. The positive attitudes shown at my appointments gave me the determination and drive to work harder and make sure I followed my home workouts to the tee so we could all enjoy the rewards of seeing the progress together.

I cannot put into words how thrilled I am that someone pointed me in the direction of NL Balance & Dizziness Centre. All my family and friends now tell me I'm a walking miracle and that is due to the commitment and dedication of my two therapists at NL Balance & Dizziness Centre. Thank you, Kim and Kathryn, for your unwavering positive attitudes and determination to see me progress and walk again."

- Cynthia B.